

PALO ALTO ADULT SCHOOL

2024 SPRING QUARTER SCHEDULE

REGISTRATION BEGINS FEBRUARY 23, 2024







DEAR COMMUNITY MEMBERS:

Spring is in the air, and it's a wonderful time to explore the world -- both outside and in class. Whether you've been pursuing your lifelong education for years or just beginning today, it's time to try something new!

Our Spring Community Partner is 3rd Thursday California Avenue, the free monthly music festival held year-round in Palo Alto. We are thrilled to join 3rd Thursday as they celebrate their first anniversary in May. Their May 16th event will feature an exciting line-up of music and activities with lots of Adult School participation. Check our website for details.

This quarter, our artisanal handicrafts program is expanding with its newest addition, "Learn to Quilt." Take a look at our list of extraordinary courses, and find the one that is right for you!

Jim Sherman Principal



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2024 SPRING CALENDAR

REGISTRATION FOR SPRING QUARTER BEGINS // FEBRUARY 23
REGISTRATION FOR ESL PLACEMENT TEST // FEBRUARY 29
SPRING QUARTER // MARCH 18–JUNE 7
ESL CLASSES // MARCH 18–MAY 24
WRITING ACADEMY // MARCH 28–MAY 31
HOLIDAYS // APRIL 1-7 & MAY 27

FREE INTRODUCTORY CLASS

In recognition of our Centennial, Palo Alto Adult School is offering this free introductory class.



FREE CLASS: MAT PILATES

Instructor: Golnaz Haghverdi, Goli.haghverdi@gmail.com Prerequisite: None

Pilates is a combination of body and mind. It doesn't matter what your fitness level is, and you can use Pilates as a routine exercise every day. Based on the breathing techniques, the Pilates combination is a great workout to increase core stability, strength, flexibility, and balance. It's also a suitable exercise for injured athletes at any level of injury. If you want to see the amazing effects of Pilates, just join in the one-hour demo class.

One Session / March 20 Wednesday / 6–7 p.m. Palo Alto HS Rm 300-A2 / No Fee



STUDENT SHOWCASE

"My heart is full of sunshine!"

wo years ago I was diagnosed with cancer. After radiation and chemotherapy, my life was gray until I took the Adult School **English** class. The teacher's patient explanation and interesting teaching made me regain my confidence. After several months of study, I can now chat with my granddaughter in English because she doesn't like to speak Chinese at home since she went to kindergarten. I really enjoy this kind of life, my heart is full of sunshine!

LILY ZHANG

ARTS AND CRAFTS

ACRYLIC PAINTING: BEGINNING & INTERMEDIATE

Instructor: Linda Papanicolau, Ipapanicolaou@pausd.org Prerequisite: None

Express yourself and discover your artistic talents with acrylic paints in this inspiring class for all student levels. Study use of color, observation, composition, light and dark and traditional painting techniques. Supplies will be discussed at the first class meeting.

8 wks / April 9–May 28 Tuesday / 7–9 p.m. Palo Alto HS Rm 106 / \$148

SCENERY WATERCOLOR PAINTING AND DRAWING

Instructor: Ferenc Besze, fbesze@pausd.org, http://besze.com *Prerequisite: None*



Drawing is essential to representational painting. In this online class, we will spend equal time drawing and painting, to develop our observation skills about

proportion, perspective, creating 3D effects and creating compositional studies. Our subjects will include scenery, figures, portraits, and objects. *Have your field sketches/photographs as reference material*.

10 wks / March 27–June 5 *(No class April 3)* Wednesday / 6:30–8:30 p.m. Live Online / \$185

ARTS AND CRAFTS

CELEBRATE WITH A HOLIDAY WREATH

Instructor: Sam Kauffman, samksongs@aol.com Prerequisite: None



Spring is in the air! Celebrate the season with a one-day workshop by making a one-of-a-kind wreath from Sam Kauffman's on-line shop—*Whimsy And.* Sam has had a floral arranging business for over twenty years. There will be a \$10

supply fee payable to the instructor. Limit 10 students.

One Session / April 11 Thursday / 1–3:30 p.m. Cubberley Campus I-Bdg 2nd Flr / \$30

LEARN TO CROCHET

Instructor: Paola Trombetta, ptrombetta@pausd.org *Prerequisite: None*

Learn to chain, single and double crochet, create tri-dimensional forms, and read patterns. This class will work for you regardless of your skill level and you will enjoy it! *Materials to bring to class:* 1 ball of worsted weight yarn plus a size 'H' crochet hook.

8 wks / April 10–May 29 Wednesday / 5:30–6:30 p.m. Palo Alto HS Room 1707 / \$74

" I took the Learn to **Crochet** class to learn how to read and follow patterns. I've now crocheted a hooded scarf and will make a bag in the next class. I love this class!"

Tara Stein Attorney

KNITTING

Instructor: Paola Trombetta, ptrombetta@pausd.org *Prerequisite: None*

Knitters of all abilities are welcome! Learn basic and advanced skills in this fun and collaborative knitting workshop. Beginners learn to read pattern books, and/or design and create their own knitted garment and gifts. Advanced knitters, master your techniques and bring projects you are currently working on.

8 wks / April 10-May 29 Wednesday / 6:30-8:30 p.m. Palo Alto HS Room 1707 / \$148

LEARN TO QUILT

Instructor: Dana Miller, dana@danamillerfiberarts.com Prerequisite: Must know how to sew and use a sewing machine





Discover the artistry and joy of quilting in this beginner Quilting class! This hands-on workshop is perfect for those new to quilting. Learn the fundamentals of fabric selection, cutting, piecing, and

stitching as your experienced instructor guides you through the step-by-step process. Unleash your creativity and create a beautiful quilted project to cherish. Join us for a fun and educational journey into the world of quilting! There will be a \$75 materials fee payable to the instructor on the first day of class.

6 wks / March 28–May 9 (No class April 4) Thursday / 6:30–9 p.m. J.L. Stanford Middle School Rm 140 / \$139

BIRDING

BIRDING: INTERMEDIATE (Online & In-Person)

Instructor: Scott Smithson, wsmithson@pausd.org *Prerequisite: None*

The primary goal of this birding class is to develop birding skills through bird identification by sight and sound. During our weekly online Zoom meetings, we will focus on sharing of local bird sightings, slides of Bay Area birds, ID quizzes, and discussion of field trips. There will be 3 in-person weekend field trips offered to local Bay Area birding spots so we can practice what we have learned in the field! Live online via Zoom with in-person weekend fieldtrips. Fieldtrip dates TBD. Textbook: Any North America or Western North America bird field guide (*Sibley's Guide* is a great one).

7 wks / April 10–May 22 Wednesday / 7–9 p.m. Live Online / \$168 "In my Intermediate Birding class, I really improved my birding skills. Scott goes above and beyond in this class, especially on the field trips. I've referred multiple friends to Scott's class and they've all loved it!"

Betty D.



CAREER TRAINING

VOCATIONAL INTERNSHIP CLASS

Instructor: Toshiro Lang

Prerequisite: Application and interview required
Classroom component to vocational internships
concentrating on developing transferable job skills. This
course emphasizes the importance of interpersonal
dynamics in the workplace, and the value of obtaining
competitive employment. In-person instruction
accommodates all learners with the motivation to become
independent and successful. Must call (650) 329-3752 for
more information and to register for the program.

ONGOING / September-June Monday-Thursday / 8-9:15 a.m. Lucille Packard Children's Hospital (LPCH) / No Fee *

VOICE OVERS: NOW IS YOUR TIME!

Instructor: Lisa Foster, caitlin@suchavoice.com *Prerequisite: None*

In what could be the most enlightening 2 hours you've ever spent, this class will show you how you can begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside-the-box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you've been looking for.

One Session / April 29 Monday / 6–8 pm Live Online / \$50

WORK READINESS — LEARN NEW SKILLS FOR GETTING A JOB *

Instructor: Kathilynn Lehmer, pajoblink.lehmer@gmail.com Learn new strategies for getting a job! Prepare a powerful resume and cover letter, create a LinkedIn Profile, learn new job hunting strategies—and more! There is no fee and the course is open-entry--start anytime. For more information, and to find out how to register, send an email to Kathilynn Lehmer at pajoblink.lehmer@gmail.com.



CAREER TRAINING: ADVANCED CERTIFICATE PROGRAMS

Online career training courses can prepare you for a new career or help you advance within your current occupation. To see a list of more than 175 Certificate and Advanced Career Training courses, visit https://careertraining.ed/2go.com/paloalto.

HVAC TECH (Voucher Included) (GES786)

Instructor: Self-paced class Prerequisite: None

This course will train you to service, maintain, and troubleshoot complex heating, ventilation, air conditioning, and refrigeration systems. You will gain the necessary situational knowledge and technical skills to prepare you for an entry-level role in the HVAC/R field. For pricing, details, and registration, visit: https://careertraining.ed2go.com/paloalto (Construction and Trades/Trades).

12 Months / 330 Course Hours Start Anytime ed2go ONLINE (recorded)

OPTICIAN CERTIFICATION TRAINING (GES126)

Instructor: Self-paced class

Prerequisite: None

Master the skills you need for a successful career as an optician. In this course, you can gain the skills and knowledge you need to obtain an entry-level job as an optician in the states that recognize this certification. In addition, you'll prepare to take the Basic American Board of Opticianry (ABO) exams For pricing, details, and registration, visit: https://careertraining.ed22go.com/paloalto (Health & Fitness/Medical).

6 Months / 150 Course Hours Start Anytime ed2go ONLINE (recorded)

CITIZENSHIP

CITIZENSHIP

Instructor: Katherine Barg, kbarg@pausd.org

Prerequisite: Intermediate to advanced English language learners

This course prepares students to pass the Citizenship test for full Citizenship status in the United States. *Becoming a citizen has never been more important*. US Citizenship gives you your right to vote, participate in government, and be protected under the law. You will also learn important facts about US history and your rights under the Constitution.

7 wks / April 9–May 21 Tuesday / 6:30-9 pm Palo Alto HS Rm 220 / No Fee *



COOKING: LEARN HOW TO COOK IN JUST ONE NIGHT!

BELGIAN CHOCOLATES GALORE!

Instructor: Carine Vanslembrouck

Prerequisite: None



Have fun learning to make delicious hand-made
Belgian chocolates the traditional way.
You will be guided, by the instructor,

through the process of tempering chocolate on a marble slab and continue on to craft a different Belgian chocolate in each class.

One Session / See Dates Below Wednesday / 6:30–9 p.m. Palo Alto HS Rm 103 / \$60 per session

- March 27: Easter
- May 8: Mother's Day

CELEBRATE INDIAN FESTIVALS WITH REGIONAL DISHES

Instructor: Jonake Bose, Jonakeandyuti@gmail.com, https://jonakeandyuti.weebly.com

Prerequisite: None

Learn to cook a quick authentic Indian meal to celebrate Holi, Bengali New Year and Mother's Day. We will roast and/or temper our own spice blends with ingredients from your local grocery store. We will prepare a delicious meal and enjoy it together (vegetarian options available).

One Session / See Dates Below Monday / 6:30–9 p.m. Palo Alto HS Rm 103 / \$60 per session

- March 25: Celebrate Holi
- April 15: Celebrate Bengali New Year
- May 13: Celebrate Mother's Day

PAD THAI

Instructor: Francisco Chavarria, fchavarria@pausd.org

Prerequisite: None

Discover the secrets of creating one of the most beloved
Thai dishes, Pad Thai, in this hands-on class. Learn

to master the perfect balance of flavors and textures, from the spiciness and sweetness to the crunch of peanuts and the freshness of vegetables. Let the tender rice noodles soaked in tamarind umami sauce transport you to the vibrant streets of Thailand.



April 11

Program

• April 25

USING YOUR OVEN FOR FUN EASY MEALS

Instructor: Julie Shanson,

julie@findjoyinfood.com, www.findjoyinfood.com

Prerequisite: None

Ever wanted to put one pan in the oven, come back a half hour later and have dinner ready? We'll do that! Meals will be hot, delicious, and easily customizable to meet the needs of your friends and family's health and taste buds. We'll start with recipes that can easily accommodate vegetarian, gluten free and other diets.

One Session / See Dates Below Monday / 6:30–9 p.m. Palo Alto HS Rm 103 / \$60 per session

alo Alto 110 1111 1007 400 per session

- April 8: Baked Orzo with Tomato and Bay Leaves
- April 22: Sheet Pan Gnocchi or Polenta with sausages and vegetables
- May 6: Potato Chickpea Tray Bake
- May 20: Pot Pie with flavor upgrades



ENGLISH AS A SECOND LANGUAGE (ESL)—IN-PERSON & LIVE ONLINE VIA ZOOM

SPRING 2024 March 18 – May 24

(No Classes April 1-5)

The Palo Alto Adult School ESL program offers many classes to help you meet your English learning goals. To enter our free classes, new students must register for a placement test. There is no childcare for the test or the classes. To register for the placement test, come in to the ESL office at Cubberley, 4000 Middlefield Road, I-Building, 2nd floor, or the Palo Alto Adult School office (Rm P11) at Palo Alto High School, 50 Embarcadero Road. Or, you can register online at *paadultschool.org*.

Students must register first before taking a placement test

Register to take the ESL (English) Placement Test

- Students must take the ESL Placement Test to join a class.
- Registration for the test begins at 8 a.m. Thu., Feb. 29
- When you register, you will choose a test date.
- Testing space is very limited.
- You must register in-person or online (NO phone registration).

Enrollment Policies

- Students must be able to attend the full 9 weeks.
- Students will be required to buy a textbook for the class.
- There is no childcare.

PLACEMENT TESTING

ESL PLACEMENT TEST AND REGISTRATION

** New students must take a placement test. **

All placement testing is in-person.

Some class sessions are online and meet with teachers via Zoom. Students need to download and learn Zoom at https://zoom.us/.

TESTING LOCATION: Cubberley Campus • 4000 Middlefield Rd, I-Bldg 2nd Floor

MORNING TESTING

Time: 9 a.m.—12 noon (*Test begins promptly at 9 a.m.*)

Dates: Friday, March 8

Saturday, March 9

EVENING TESTING

Time: 6–9 p.m. (*Test begins promptly at 6 p.m.*)

Dates: Thursday, March 7

CLASSES

Register for testing early. Spaces limited!

Spring Session ESL Classes *

Some class sessions are online and meet with teachers via Zoom. Students need to download and learn Zoom at https://zoom.us/.

March 18-May 24 (No classes April 1-5)

IN-PERSON MORNING CLASSES (9:30 A.M.-12:30 P.M.)

Cubberley Campus: Literacy through Intermediate High levels (Monday—Thursday) Location TBD: Advanced Low level (Monday—Thursday)

ONLINE MORNING CLASSES (3 meetings per week): 9–11 a.m. / Tuesday, Wednesday, and Thursday 3 levels: Mixed beginning; mixed intermediate; advanced

IN-PERSON EVENING CLASSES (6:30-9:30 P.M.)

Palo Alto High School: Literacy through Advanced Low levels (Monday and Wednesday)

IN-PERSON & ONLINE ADDITIONAL SKILL-SPECIFIC CLASSES: See English Enrichment classes page 8 & 9

ENGLISH AS A SECOND LANGUAGE (ESL)

ADDITIONAL CLASSES

LEAH *

Learn English at Home (LEAH) is for students who cannot come regularly to class. Study English at home online. Then meet with a teacher weekly for 30 minutes.

Prerequisite: For beginning high to advanced level English level learners

Students must take an in-person placement test to register for the LEAH program.

Students may start LEAH classes at any time.

Please call 650-494-2326 to make an appointment for the placement test.

¿Necesitas ayuda en español? Deje un mensaje al 650-494-2326.

COLLEGE AND CAREER READINESS

JOB SEARCH SKILLS FOR ESL STUDENTS (Non-native English Speakers) *

Prerequisite: For advanced English language learners

In this class, you will learn to complete a job application, write a basic resume, practice job interview skills, and more! Students enrolled in this class will also be working with Kathilynn Lehmer as her clients for individualized job search coaching services through the *Palo Alto Adult Ed Work Readiness* course.

** Job Search Skills will return Fall 2024.**

TRANSITIONS TO COLLEGE AND CAREER TRAINING (Non-native English Speakers) *

Instructor: Margaret Bdzil, mbdzil@pausd.org

Prerequisite: For advanced level English language learners. Must be eligible to attend college in the US to enroll.

Prepare for the next step in your education or career!

TRANSITIONS TO COLLEGE & CAREER TRAINING FOR ESL STUDENTS (Online)

In this 4-meeting workshop, you will explore educational goal setting, community college and career educational programs, how to apply to college, and more!

4 Sessions / April 18—May 9 Thursday / 6:30—9 p.m. Live Online / No Fee *

- Students must take an in-person placement test to register for the Transitions class.
- Please call (650) 494-2326 to make an appointment for the test.

INFORMATION MEETING ONLINE VIA ZOOM • Thursday, April 11, 2024 • 6:30–7:30 p.m.

Are you interested in the Transitions workshop, but you have questions? Come to an Information meeting! Email Sripriya Kannan, skannan@pausd.org or call the ESL Office at (650) 494-2326.

If you have questions, or want to register for this workshop, please call the ESL office at 650-494-2326.

ESL WRITING ACADEMY

SPRING 2024 ESL WRITING ACADEMY

March 28 - May 31

(No Classes April 4 & 5)

SPRING SESSION CLASSES

ESL WRITING ACADEMY — IN-PERSON

Write for life! Whether it's a simple email, a thank-you note, or a complex essay or report, our ESL Writing Academy classes will help you with content, organization, tone, and purpose.

The Academy offers three levels of classes, beginning with the basics of sentence creation, paragraph development, and essay writing. When you complete the required assignments, you can earn Certificates of Achievement and/or Proficiency.

*** WRITING ACADEMY REGISTRATION BEGINS MARCH 18, 2024 ***

The teacher will schedule an in-person CASAS test with students for this state-supported class. For more information, please call (650) 494-2326.

FUNDAMENTALS OF WRITING

FUNDAMENTALS OF WRITING I — INTRODUCTION TO PARAGRAPHS *

Instructor: Adult School Staff

Prerequisite: For students who are at the high beginning to intermediate level

Practice writing sentences and developing coherent paragraphs with the goal of writing about your own life experiences. Guidance will also be given on correct grammar and word choice.

SECTION A

9 wks / March 29–May 31 (No class April 5) Friday / 9:30 a.m.–12 noon Cubberley Campus I-Bldg 2nd Flr / No Fee *

SECTION B

8 wks / March 28–May 23 (No class April 4) Thursday / 7–9 p.m. Palo Alto HS Rm 220 / No Fee *

FUNDAMENTALS OF WRITING II — WRITING PARAGRAPHS *

Instructor: Adult School Staff

Prerequisite: For students who are at the intermediate to advanced level

Learn how to write well-developed and cohesive paragraphs. This class will focus on how to choose and organize content, connect ideas, and use supporting details to address a topic.

SECTION A

9 wks / March 29–May 31 (No class April 5) Friday / 9:30 a.m.–12 noon Cubberley Campus I-Bldg 2nd Flr / No Fee *

SECTION B

8 wks / March 28–May 23 (No class April 4) Thursday / 7–9 p.m. Palo Alto HS Rm 217 / No Fee *

FUNDAMENTALS OF WRITING III — PARAGRAPHS TO ESSAYS *

Instructor: Adult School Staff

Prerequisite: For students who are at the advanced level

Learn how to plan, develop, and edit a five-paragraph essay with an introduction, thesis statement, body paragraphs, and conclusion. This class will prepare you for business and academic writing.

9 wks / March 29–May 31 (No class April 5) Friday / 9:30 a.m.–12 noon Cubberley Campus I-Bldg 2nd Flr / No Fee *

ENGLISH ENRICHMENT

These classes are offered for non-native speakers who have tested above our state-supported program or who wish to focus on one specific area of English. It is not necessary to take the placement test before enrolling in these classes.

ACADEMIC CONVERSATION

Instructor: Eve Sutton, eve@well.com Prerequisite: For advanced English language learners Develop university-level speaking skills through structured discussions about current events, science, social issues, and other topics of students' interest. Share your knowledge and opinions. Learn how to lead a classroom discussion so everyone's ideas are heard. Instructor provides reading material and/or short videos for each week's topics, and students may volunteer to present a topic for discussion. Support for vocabulary and idioms is available on request. No textbook. Homework is optional.

6 wks / April 11-May 16 Thursday / 6:30-9:30 p.m. Palo Alto HS Rm 1701 / \$167

ADVANCED SPEAKING AND READING— AMERICAN STORIES

Instructor: Sharon Hampel, shampel@pausd.org Prerequisite: For Advanced English language learners In this class, you will read, listen to, and watch (on video) short stories about the personal challenges of people from around the world. Then we will have lively class discussions about the short stories. This class will focus on speaking, reading/vocabulary, and writing skills through viewing, reading, and discussing these Moth Radio Hour stories. Textbook: All These Wonders: True Stories about Facing the Unknown. Catherine Burns, ed. Crown Press, 2017. ISBN: 978-1101904404.

7 wks / April 10-May 22 Wednesday / 7-9 p.m. Palo Alto HS Rm 216 / \$130

AMERICAN IDIOMS 101

Instructor: Simone Wojtowicz, swojtowicz@pausd.org Prerequisite: Intermediate high to advanced English language learners

This class is ideal for students who want to develop their reading, listening, speaking and writing skills while becoming familiar with many useful English expressions. Do you want to increase your vocabulary? Improve your TOEFL score? Use idioms in conversation? We will dissect the top 300 idioms used on the TOEFL test in addition to discussing metaphorical language. No textbook.

8 wks / April 9-May 28 Tuesday / 9:30-11:30 a.m. Cubberley Campus I-Bldg 1st Flr Rm IA-South / \$148

ESL BOOK CLUB

Instructor: Simone Wojtowicz, swojtowicz@pausd.org Prerequisite: For advanced English language learners



Do you love to read? Do you want to increase your conversational fluency, boost your vocabulary, and improve your grammar? Join the book club and have fun developing

your English skills while learning about American values. We will discuss the book's themes, vocabulary, and cultural references. Please email the teacher for the name of the book

8 wks / April 11-May 30 Thursday / 9:30-11:30 a.m. Cubberley Campus I-Bldg 1st Flr Rm IA-South / \$148

FOCUS ON PRONUNCIATION AND LISTENING

Instructor: Sue Stevick, sstevick@pausd.org Prerequisite: High intermediate or advanced English skills (non-native speakers)

Speak more clearly and confidently and improve your listening skills. Master the four most important features of English pronunciation: Stress in words and sentences, intonation, rhythm, and linking. The instructor will provide a written personalized evaluation of your pronunciation skills. Required textbook can be purchased in the Adult School office before the first class.

SECTION A

8 wks / April 9-May 28 Tuesday / 6:30-8:30 p.m. Live Online / \$148

SECTION B

8 wks / April 11-May 30 Thursday / 9:30-11:30 a.m. Live Online / \$148

LET'S TALK!

Instructor: Sharon Gloster, seshel@pausd.org Prerequisite: For advanced English language learners Practice your conversation skills and build confidence in speaking English. This course will give you lots to talk about including current events, making conversation, talking on the telephone, and some other everyday topics based on student interest. Learning and practicing everyday expressions and vocabulary plus pronunciation, and grammar tips will improve your fluency.

5 wks / April 22-May 20 Monday / 9:30 a.m.-12:30 p.m. Cubberley Campus I-Bldg 1st Flr Rm IA-South / \$139

ENGLISH ENRICHMENT

TIME TO TALK: CONVERSATION STRATEGIES...AND MORE!

Instructor: Susan Silver, ssilver@pausd.org
Prerequisite: For intermediate to low advanced English
language learners

Improve your practical conversation skills, pronunciation, and listening skills! This class is ideal for intermediate to low-advanced level ESL students who want to focus on improving their speaking skills and build confidence in speaking in everyday situations. At every class meeting, we will use conversation drills, pair work, and small group activities to practice and improve your English skills. You will learn conversation strategies to help you with many of the speaking situations in your everyday life.

6 wks / April 16–May 23 Tuesday *and* Thursday / 1–2:30 p.m. Cubberley Campus I-Bldg 2nd Flr / \$167

US HISTORY AND CULTURE

Instructor: Simone Wojtowicz, swojtowicz@pausd.org Prerequisite: Intermediate high to advanced English language learners



This class is ideal for students who want to improve their English skills while becoming familiar with many interesting aspects of US history and

culture. We address why Americans think and behave the way they do and the foundation for some of their attitudes and values such as the importance of competition and hard work. Required textbook can be purchased in the Adult School office before the first class.

8 wks / April 10–May 29 Wednesday / 9:30–11:30 a.m. Cubberley Campus I-Bldg 1st Flr Rm IA-South / \$148

GENERAL INTEREST

CREATIVE WRITING WORKSHOP

Instructor: Chana Feinstein, cfeinstein@pausd.org
Prerequisite: Have previously taken Creative Writing class at
Palo Alto Adult School or have permission from instructor



Learn to be a stronger writer in this online class! Express yourself in any genre. Share your thoughts and feelings with others, present your work, and receive constructive

feedback in an encouraging, supportive environment. Learn from short readings on writing topics and examples of published writing.

10 wks / March 28–May 30 Thursday / 6–8:30 p.m. Live Online / \$75

> "In the **Creative Writing** course, the teacher created a very welcoming and safe place to share. Once she got to know us, Chana challenged us just enough to keep improving and gave great examples."

> > **Judith Sharon** Teacher (Retired)

CREATIVE WRITING: WRITERS MENTORING WRITERS

Instructor: Sam Kauffman, samksongs@aol.com *Prerequisite: None*

Learn to be a better writer! Share your ideas, feelings, and experiences with others. Express yourself through poetry, memoir, short stories, essays, creative non-fiction or whatever you prefer. There will be time during class to write based on writing prompts. Class time is allotted for looking at writing basics such as metaphor, character development, plot development, foreshadowing, and other techniques. *Limit 10 students*.

9 wks / March 27–May 29 (No class April 3) Wednesday / 1–3:30 p.m. Cubberley Campus I-Bldg 2nd Flr / \$75

GENEALOGY WORKSHOP

Instructor: Rachel Kellerman, rkellerman@pausd.org *Prerequisite: None*

Do you have questions about family history? Are you currently working on a genealogy project? Then this workshop is for you! Each week focuses on different topics, resources and research methods. There will be plenty of time to work on projects and share stories. Course website available to participants.

5 wks / March 27–May 1 *(No class April 3)* Wednesday / 1–3 p.m. Cubberley Campus I-Bldg 2nd Flr / \$93

BE A VOLUNTEER ESL TUTOR

Help Someone Learn English

For information, please contact:

ESL Volunteer Tutor Program Manager, Anjani Sarma: asarma@pausd.org and visit our website: PAAdultschoolorg

HEALTH AND FITNESS

ABS AND BOOTY BUSTER

Instructors: Amy Chan, achan@pausd.org Prerequisite: None

After one session of Abs and Booty Buster we guarantee you'll see results! Designed to strengthen and tone your core, glutes, and back. This super effective 60-minute workout will transform your body! Come join the fun with Amy and start getting into shape! Bring a yoga mat, 1-3 lbs weights, stretching band, and a water bottle.

9 wks / March 25-May 29 (No class April 1 & 3, & May 27) Monday and Wednesday / 7:30-8:30 p.m. Cubberley Campus I-Bldg 2nd Flr / \$167

AIKIDO

Instructor: Fushan Yuan, fyuan@pausd.org

Prerequisite: None

Train mind and body in the dynamic art of Aikido with Hombu Dojo's Shiohira Shihan, 7th Dan, and senior students. The Japanese martial art of Aikido is a comprehensive system of throwing, joint locking, striking and pinning techniques that foster strength, flexibility, presence of mind, and cooperative movement.

9 wks / March 26-May 25 (No class April 2, 4, & 6) Tuesday and Thursday / 6:30-8 p.m. & Saturday / 10-11 a.m. J.L. Stanford Middle School Rm 910 / \$198

> "The Aikido course is a great experience and provides conflict resolution through non-fighting."

> > **Amir Rangnekar** OC Scientist

LINE DANCING

Instructor: Kent You, kent.you@gmail.com and Sandy Hsu Prerequisite: None

Exercise your brain and body while enhancing balance as you learn new steps. Dance to a wide variety of international Music—including pop, classical and seasonal songs. No partner needed. Beginners welcome. Line dancing is a fun, great way to exercise!

9 wks / March 26-May 28 (No class April 2) Tuesday / 7:30-8:30 p.m. Palo Alto HS Dance Studio / \$83

MAT PILATES

Instructor: Golnaz Haghverdi, Goli.haghverdi@gmail.com Prerequisite: None

Pilates is suitable for all age groups and levels. You can engage even the smallest muscles with Pilates that you wouldn't be able to with other activities. All you need to bring is a mat and water bottle! You will increase your physical strength, balance, concentration, breathing levels, and core stability in this class.

9 wks / March 27-May 29 (No class April 3) Wednesday / 6-7:30 p.m. Palo Alto HS Rm 300-A2 / \$125

PILATES: BEGINNING/INTERMEDIATE

Instructor: Judy Lee-Squire, jleesquire@pausd.org

Prerequisite: None

Increase your core strength, flexibility, and endurance with Pilates, a mind-body exercise that emphasizes conscious breath and form. Will use small balls and therabands. Modifications will be taught. A mat is required during class. Limit 16 students.

9 wks / March 26-May 28 (No class April 2) Tuesday / 6:45-7:45 p.m. Cubberley Campus I-Bldg 2nd Flr / \$83

TAI CHI: CHEN STYLE

Instructor: Lisette Yung, cyung@pausd.org Prerequisite: None

Learn the traditional Chen Style first form (*Taijiquan*). Practice the continuous movements which helps develop balance, body coordination and strength and the understanding of basic Tai-Chi principles. Students will focus on different sections of Taijiquan throughout the class.

8 wks / April 10-May 29 Wednesday / 7:30-8:30 p.m. Palo Alto HS Dance Studio / \$74

YOGA AND MEDITATION

Instructor: Kamal Vilms, kvilms@pausd.org Prerequisite: None

Gently stretch, relax and energize your body with yoga poses that cultivate balance, inner awareness, and mobility and release muscle tension. Regular yoga practice can improve health in many ways from stress reduction to increased flexibility and improved breathing. Bring a yoga mat. Limit 12 students.

8 wks / March 25-May 20 (No class April 1) Monday / 5-6:30 p.m. Palo Alto HS Rm 300-A2 / \$111

ZUMBA

Instructor: Amy Chan, achan@pausd.org Prerequisite: None

Learn different dance styles including Tango, Flamenco, Cha Cha Cha, Salsa, K-Pop, Bollywood, Belly Dancing and more! Zumba helps improve your balance, coordination, and memory. No partner required. Come join the party, make new friends, and bring a water bottle to class!

9 wks / March 25-May 29 (No class April 1 & 3, & May 27) Monday and Wednesday / 6:30-7:30 p.m. Cubberley Campus I-Bldg 2nd Flr / \$167

"I've been enjoying myself so much with Amy's Zumba dance movements that follow her various song selections, feeling happy and exercising my whole body."

> Adrian Ven Mandarin Interpreter

HOME AND ENVIRONMENT

CLIMATE CHANGE: WHAT YOU CAN DO

Instructors: Jane Rosten and Steve Attinger Prerequisite: None

With weekly reports of intense weather/fire, many ask what they can do to impact climate change. This fun class is designed to turn good intentions into action. Participants learn: "greening" transportation, saving energy, recycling better, "greening" finances, making dietary changes, impacting policy.

3 wks / May 1-May 15 Wednesday / 6:30-8:30 p.m. Palo Alto HS Rm 1701 / \$75

GARDENING IN SPRING

Instructor: Sherri Bohan, sbohan@pausd.org Prerequisite: None

A beautiful landscape can be maintained naturally and sustainably. Great gardens thrive in soil that is alive and by the correct pruning of ornamental, edible or native landscape plants. Create a healthy garden by learning to use non-toxic methods for controlling pests. Use the best water-wise planting and mulching principles.

10 wks / March 27-June 5 (No class April 3) Wednesday / 10 a.m.-12 noon Live Online / \$75

NATURE SCIENCE HIKES

Instructor: Environmental Volunteers, communityprograms@evols.org

Prerequisite: None

Join EV's most knowledgeable nature-science educators on 3 explorations of local open spaces. Each 2-hour hike will be at a different location, and each will focus on learning about a different environmental topic. The pace of the hikes will be easy, with semi-frequent stops to discuss subjects. Distance traveled may vary but expect between 1-3 miles. Limit 12 students.

3 wks / March 30, April 13, & May 4 Saturday / 10 a.m.-12 noon Various Locations / \$60

- March 30: Baylands Nature Preserve (Tidal Ecology)
- April 13: Los Trancos (Earthquake Geology)
- May 4: Stevens Creek County Park (Climate Change)

SEWING: BEGINNING

Instructor: Sally-Ann Rudd, sallyann_r@yahoo.com Prerequisite: None

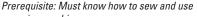
Learn some basic garment sewing techniques such as working with commercial patterns, cutting, and sewing. We will start slowly by selecting a basic project. You do not need your own sewing machine for this class, and previous experience is not required. Students who have done this class before are welcomed back and encouraged to try something more advanced! Please contact the instructor with questions. Limit 12 students.

8 wks / March 27-May 22 (No class April 3) Wednesday / 6-9 p.m.

J.L. Stanford Middle School Rm 140 / \$222

LEARN TO QUILT

Instructor: Dana Miller, dana@danamillerfiberarts.com



a sewing machine



Discover the artistry and joy of quilting in this beginner Quilting class! This hands-on workshop is perfect for those new to quilting. Learn the fundamentals of fabric selection, cutting, piecing, and

stitching as your experienced instructor guides you through the step-by-step process. Unleash your creativity and create a beautiful quilted project to cherish. Join us for a fun and educational journey into the world of guilting! There will be a \$75 materials fee payable to the instructor on the first day of class.

6 wks / March 28-May 9 (No class April 4) Thursday / 6:30-9 p.m. J.L. Stanford Middle School Rm 140 / \$139

UPHOLSTERY: BASIC TECHNIQUES

Instructors: Kathleen Koenig, kkoenig@pausd.org, Isabelle Trainer, itrainer@pausd.org, Shelly Kim, shkim@pausd.org. Tracey Wyatt, twyatt@pausd.org, and Pam Jaradeh, pjaradeh@pausd.org Prerequisite: None

Learn how to reupholster your chair or ottoman from start to finish using a mix of traditional and modern techniques. You will be guided through the entire process of reupholstering your project. While having some sewing/ crafting experience can be helpful, it is not a requirement to enroll. A simple project is recommended for new students. If you have an old piece of furniture you would like to salvage, come check us out! Limit 20 students. NEW UPHOLSTERY STUDENTS: After registering, please contact the Adult School Office at (650) 329-3752 for class location and parking information.

SECTION A

10 wks / March 26-May 28 Tuesday / 9 a.m.-1 p.m. Palo Alto HS Rm 904 / \$370

SECTION B

10 wks / March 28-May 30 Thursday / 9 a.m.-1 p.m. Palo Alto HS Rm 904 / \$370

> "Beginning Sewing was an excellent course! Great instructors and such a positive environment. The class stimulated creativity and friendship."

> > Tracv N. Program Manager

MUSIC

GUITAR: INTRO

Instructor: Yuri Liberzon, yliberzon@pausd.org Prerequisite: None



Join us to get introduced to the world of music and guitar. We will learn music fundamentals such as rhythm and standard notation. Will cover ergonomics of playing guitar and proper posture and proper technique. Expect to play in an ensemble with other classmates as

well as individually. It's never too late to begin! Come and discover what you can do with your guitar! Bring your own guitar. Limit 12 students.

9 wks / March 27-May 29 (No class April 3) Wednesday / 7:30-8:30 p.m. Palo Alto HS Rm TBD / \$83

GUITAR: INTERMEDIATE

Instructor: Yuri Liberzon, yliberzon@pausd.org Prerequisite: Some musical experience and ability to read music recommended

This class is designed for students who have had some music experience in the past (doesn't have to be guitar). You will pick up from playing single line melodies and progress to playing more notes simultaneously. You will also be working on proper technique, posture, rhythm, music reading, and other musicianship skills. Bring a classical guitar to class. Limit 12 students.

9 wks / March 27-May 29 (No class April 3) Wednesday / 6-7:30 p.m. Palo Alto HS Rm TBD / \$125

MASTER SINFONIA CHAMBER ORCHESTRA

Instructor: David Ramadanoff, info@mastersinfonia.org, www.mastersinfonia.org

Prerequisite: Students must have advanced technical and music skills on an orchestral instrument.

The Master Sinfonia Chamber Orchestra will rehearse and perform works ranging from classics such as Mozart, Beethoven, Brahms, to 20th Century composers such as Samuel Barber and living composers such as John Adams. The orchestra's spring concert will be performed May 4, 2024 at 7:30 p.m. in the Palo Alto High School Performing Arts Center. Please visit mastersinfonia.org for details. Applicants must audition with the instructor, David Ramadanoff, before attending the first orchestra rehearsal. Contact him at info@mastersinfonia.org for more details.

10 wks / March 28-May 30 Thursday / 7:30-10 p.m. Los Altos United Methodist Church / \$55

ODAIKO

Instructor: Kensuke Sumii, info@drumrevolution.com Prerequisite: Age 15+; Students must also be currently enrolled in Taiko I class

(For continuing students only.) This class is designed for individuals with stamina to hit Odaiko (big Taiko) for one hour. Odaiko will help build up stamina, rhythmic competence and speed to hit Taiko. New students must audition before registering for class. Please contact the instructor prior to registration. All equipment, including drums and sticks, are provided. NOTE: Odaiko is a physical activity requiring fitness and stamina. It requires peak physical conditioning and flexible joints and muscles. Individuals with physical concerns should check with their physician before enrolling in this class. All students will be required to sign a waiver of liability. There will be a materials fee payable to the instructor at the first class to cover the drumheads replacement.

SECTION A

6 wks / March 31-May 12 (No class April 7) Sunday / 7-8 p.m.

Palo Alto HS Student Center / \$30 (plus \$30 materials fee)

SECTION B

4 wks / May 19-June 16 (No class June 2) Sunday / 7-8 p.m.

Palo Alto HS Student Center / \$20 (plus \$20 materials fee)

PENINSULA SYMPHONIC BAND

Instructor: Ted Henderson, mrhenderson1962@gmail.com Experience the thrill of performance in this fully instrumental band for experienced players of wind and mallet-rhythm percussion instruments. Enjoy playing traditional, popular and classical music. Percussionists and tubists are especially needed. A concert will be given at the end of the quarter, on Sunday, June 9, 2024. Before attending the first band practice, applicants must email Ted Henderson at mrhenderson1962@gmail.com or call him at (408) 910-1830.

8 wks / March 25-May 20 (No class April 1) Monday / 7:30-10 p.m. Palo Alto HS Rm 109 / \$60

PENINSULA SYMPHONIC BAND WINTER CONCERT

Conducted By Ted Henderson Sunday • June 9, 2024 • 3 p.m. Admission FREE — Donations Appreciated







MASTER SINFONIA CHAMBER ORCHESTRA

Conducted By David Ramadanoff Saturday • May 4, 2024 • 7:30 p.m. Visit mastersinfonia.org for ticket information

MUSIC

PIANO: BEGINNING/INTERMEDIATE

Instructor: Kathy Woveris, kwoveris@gmail.com Learn to play music in a fun environment using the provided keyboards. Instruction includes basic notes, rhythm, theory and finger exercises as well as chords and scales. You will need a keyboard at home to practice on, or you can rent a keyboard. Textbook: Adult All-In-One Course: Lesson-Theory-Technic: Level 1 Fundamentals of Piano Theory-Preparatory Level. Bring textbook to first class, or purchase one from the teacher that same night. Note: No perfumes or scented hair products of any kind in class due to the instructor's allergies. Limit 9 students.

SECTION A: Beginning (No previous lessons)

8 wks / March 27-May 29 Wednesday / 5:30-6:30 p.m. Palo Alto HS Rm 305 / \$74

SECTION B: Beginning/Intermediate

8 wks / March 27-May 29 Wednesday / 6:30-7:30 p.m. Palo Alto HS Rm 305 / \$74

SECTION C: Intermediate

8 wks / March 27-May 29 Wednesday / 7:30-8:30 p.m. Palo Alto HS Rm 305 / \$74

TAIKO I

Instructor: Kensuke Sumii, info@drumrevolution.com Prerequisite: Age 15+



Taiko is the art of Japanese drumming, which develops self-expression and musical creativity. This course engages in Uchikomi based practice.

You should have a sense of rhythm and/or stamina to hit drums for two hours. All equipment - including drums & sticks – are provided. There will be a materials fee payable to the instructor at the first class to cover the drum heads replacement. Before registering, see website for more important information. Limit 24 students.

SECTION A (Continuing students only) 6 wks / March 27-May 8 (No class April 3) Wednesday / 8-10 p.m. Palo Alto HS Student Center / \$60 (plus \$120 materials fee

SECTION B (Open to all students) 4 wks / May 15-June 12 (No class June 5) Wednesday / 8-10 p.m. Palo Alto HS Student Center / \$40 (plus \$80 materials fee)

VIOLIN: INTRO

Instructor: Dr. Chag-Hee Lee, chlee@pausd.org Prerequisite: None



Have you ever dreamed of playing the violin? Then this class is for you! You will learn the basic techniques of playing violin by demonstrating and understanding the repertoire presented and

assigned in class. Bring your own violin. See website for class materials. Limit 12 students.

7 wks / April 9-May 21 Tuesday / 6:30-7:30 p.m. Palo Alto HS Rm TBD / \$65

VIOLIN: INTERMEDIATE

Instructor: Dr. Chag-Hee Lee, chlee@pausd.org Prerequisite: Intro to violin or equivalent

This is a continuation of the Intro to Violin class for students who desire to refine their technique and skills in a group setting. You will review and reinforce music reading, playing fundamentals and technique that are important for lasting musical development. You will also emphasize proper posture and playing position, development of characteristic tone quality and training in music literacy. Music used in class is specifically written and arranged for violins. Bring your own violin. See website for class materials. Limit 12 students.

SECTION A

7 wks / April 9-May 21 Tuesday / 7:30-8:30 p.m. Palo Alto HS Rm TBD / \$65

SECTION B

6 wks / April 11-May 23 (No class May 9) Thursday / 7-8 p.m. Palo Alto HS Rm TBD / \$56

FREE, monthly year-round music festival



March 21

World Poetry Day - Poetry Slam

April 18

Conte Comida - Brazilian Music & Dance

May 16

We Are ONE - 3rdThursday 1st Anniversary bringing the community together!

(Featured partner: PA Adult School)

www.3rdThursday.Fun

ONLINE COURSES WITH ED2GO



EXPERT INSTRUCTORS • 24-HOUR ACCESS • ONLINE DISCUSSION AREAS • 6 WEEKS OF INSTRUCTION

To sign up and view more courses that interest you, please visit our Online Instruction Center: www.ed2go.com/paloalto or call the Palo Alto Adult School: (650) 329-3752 New course sessions begin monthly.

PARENTING AND FAMILY

For 75 years, we have offered preschool programs organized primarily for parent education. Parents develop a deeper understanding of early childhood development and parenting skills through adult discussion classes, formal and informal observations, and community exchanges. Our unique participatory structure allows parents to be involved in their children's preschool education.

PRESCHOOL FAMILY

4120 MIDDLEFIELD ROAD • PALO ALTO, CA 94303-4741 • (650) 856-0833 INSTRUCTOR: PRESCHOOL FAMILY STAFF

PreSchool Family is a parent education, parent participation program serving families with children from birth through five years. The program is designed to offer parents an opportunity to learn about parenting and to actively participate in their child's education. For children, the program offers a developmentally appropriate, play-based, educational experience. Parents join their child for one class each week during September-May regardless of the age of the child.



Parent education is the heart of our program and consistent parent participation is required in both the child and the adult classes. We are committed to supporting the welfare of the whole family. Through our program, parents develop a sense of community and strength by working with other parents and their children. We strive to enhance each child's natural curiosity and love of learning.

Programs offered for the 2024-2025 school year

Parent and Me Classes

- Baby Class (6-12 Month): Wednesday 10 a.m.-12 noon & Parent class monthly Thursday 7-9 p.m.
- Toddler Thursday Class (12-24 Month Old): Thursday 9:30-11:30 a.m. & Parent class Thursday 7:30-9:30 p.m.
- Toddler Friday Class (12–24 Month Old): Friday 9:30–11:30 a.m. & Parent class Monday 7:30–9:30 p.m.
- 2-3 Year Old Dinner Class: Wednesday 4-6:15 p.m.

Parent Participation PreSchool Classes

- 2 Year Old Class: Monday & Wednesday 9:30 a.m.-12 noon & Parent class Thursday 7:30-9:30 p.m.
- 2 Year Old Class: Tuesday & Thursday 9 a.m.-11:30 am & Parent class Thursday 7:30-9:30 p.m.
- 3 Year Old Class: Monday, Wednesday, & Friday 9 a.m.—12 noon & Parent class Wednesday 7:30—9:30 p.m.
- 3 Year Old Stay & Play Class: Monday, Wednesday, & Friday 9 a.m.-12 noon & Parent class Monday 11:45 a.m.-2:15 p.m.
- 4 Year Old Class: Monday—Thursday 9 a.m.—12:15 p.m. & Parent class Tuesday 7—9 p.m.
- 4 Year Old Stay & Play Class: Monday—Thursday 9 a.m.—12:15 p.m. & Parent class Tuesday 12 noon—2:30 p.m.
 - ♦ 4 Year Old Opt-In 5th Day: Friday 9 a.m.—12:15 p.m.

For information about 2024-2025 classes and registration,

please visit https://greendell.pausd.org/programs/preschool-family Follow PreSchool Family at instagram.com/preschoolfamily and twitter.com/preschoolfamily PreSchool Family phone: (650) 856-0833

PHOTOGRAPHY

FUNDAMENTALS OF PHOTOGRAPHY

 $In structor: Liz\ Crandall,\ ecrandall@pausd.org$

Prerequisite: None

Take control of your camera! Investigate dials, icons and screens on your camera and learn how to use them. Improve your photography through exploring and understanding the exposure triangle, visual elements and compositional guidelines. Achieve skillful use of photographic concepts by completing weekly assignments. All camera types welcome.

8 wks / March 25–May 20 (No class April 1) Monday / 7:30–9:30 p.m. Palo Alto HS Rm MAC 102 / \$148

PHOTOGRAPHY: INTERMEDIATE

Instructor: Liz Crandall, ecrandall@pausd.org

Prerequisite: None

This class is designed to take your photography to the next level! You will further develop your use of compositional elements, refine technical photographic proficiency and explore various styles and genres of photography. Class will choose some topics for study, so bring your ideas!.

8 wks / March 26—May 21 *(No class April 2)* Tuesday / 7—9 p.m.

Palo Alto HS Rm MAC 102 / \$148

BLACK & WHITE DARKROOM: ADVANCED

Instructor: Liz Crandall, ecrandall@pausd.org
Prerequisite: Prior black and white darkroom experience
Enhance and sharpen your darkroom skills, and express,
expand and realize your unique artistic vision by creating
your own photographic projects. Troubleshoot prints to
reduce variables and gain more control over your printing
technique. Use compositional guidelines to view prints
critically yet artistically. Bring negatives, photographic
paper and blotter book to first class. Full materials list
and standard darkroom chemicals will be provided.
Limit 6 students.

8 wks / March 25–May 20 (No class April 1) Monday / 6:30–9:30 p.m. Palo Alto HS Rm MAC 102 / \$222

"In the Photography: Adv. Black/White Darkroom class, I was able to select negatives with good exposures and compositions, and use darkroom techniques to produce great photographs. I was able to print many negatives taken in Japan that I hope I can exhibit at San Francisco Japan Town."

Bill Jaynes

WOODWORKING (Woodworking Classes Limited to 15 Students Unless Noted)

WOODTURNING: INTERMEDIATE

Instructors: Claude Godcharles, cgodcharles@pausd.org, Tom Gaston, tgaston@pausd.org, and Tina Chou Prerequisite: Intro to Woodturning or previous Woodworking 3 coaching for turners



Develop your woodturning skills further with bowls, containers, and spindles, using more advanced techniques. *Limit 6 students each section.*

SECTION A

8 wks / April 1–May 20 Monday / 2–5 p.m. Palo Alto HS Woodshop / \$222

SECTION B

8 wks / April 1–May 20 Monday / 6:30–9:30 p.m. Palo Alto HS Woodshop / \$222

> "In **Woodworking I** class, it was so great to learn how to use all the different wood shop tools and make a table. The instructors were all great at making sure we used the equipment properly and fully informing us on the process."

> > **Beth Henninger**

WOODWORKING 1: BUILD A TABLE

Prerequisite: None

Develop woodworking skills while building a table from rough wood using power tools. The class will focus on safety, project planning, and understanding the medium of wood. There will be a materials fee (\$50-\$60) payable to the instructor to cover the cost of wood. Storage space is available for projects during the quarter. You will need safety glasses and hearing protection is highly recommended. No textbook. Materials will be emailed before the class.

SECTION A

Instructors: Derek Witte, dwitte@pausd.org, and Sumit Roy, sroy@pausd.org
10 wks / April 3—June 26
(2 class breaks in April/May – TBD) (No class June 5)
Wednesday / 1:30–4:30 p.m.
Palo Alto HS Woodshop / \$278

SECTION B

Instructors: Rayan Ghazal, rayan@stanford.edu, and Alex Granieri, agranieri@pausd.org
10 wks / April 4–June 13 (No class June 6)
Thursday / 6:30–9:30 p.m.
Palo Alto HS Woodshop / \$278

SECTION (

Instructors: Steve Garcia, steve@adzac.com, and Marcus Miller, wmmiller2@yahoo.com
10 wks / April 5–June 14 (*No class June 7*)
Friday / 6:30–9:30 p.m.
Palo Alto HS Woodshop / \$278

WOODWORKING (Woodworking Classes Limited to 15 Students Unless Noted)

WOODWORKING 2 PROJECT: SIT ON IT!

Instructors: Marc Brown, marc@chezbrown.com Prerequisite: Woodworking 1

(This class does not prequalify for Woodworking 3)



You will build a contemporary entryway bench. This project involves milling lots of boards from rough wood, and then assembling

them with glue and screws. Materials Fee: This project uses 50bf, so with waste, you need to start with about 70bf. Depending on the species, the wood cost will be about \$400. The week before class, students will be contacted with the wood options and costs. Limit 6 students.

3 days / March 26, 27, and 29 Tuesday/Wednesday/Friday / 9-1 p.m. Palo Alto HS Woodshop / \$111

WOODWORKING 2 PROJECT: MIRROR, MIRROR ON THE WALL

Instructors: Marc Brown, marc@chezbrown.com Prerequisite: Woodworking 1

(This class does not prequalify for Woodworking 3) You will both design and build a frame for a mirror from a live-edge slab. Because the slabs vary in size and thickness, and the desired final size of the mirror can vary for each student, this project will require out-of-the-box thinking in the design phase! There will be a materials fee of \$30 payable to the instructor at the first class meeting. Cost of mirror TBD.

4 days / March 26-March 29 Tuesday-Friday / 1:30-5 p.m. Palo Alto HS Woodshop / \$130

WOODWORKING 2: JOINERY WITH POWER TOOLS

Instructors: Sumit Roy, sroy@pausd.org, and

Derek Witte, dwitte@pausd.org Prerequisite: Woodworking 1

You will have the opportunity to review and expand upon skills learned in Woodworking 1. The class will focus on safety, joinery using power tools, and understanding the medium of wood. You will build a few small boxes using different types of joinery. Tools covered in the class will include the jointer, thicknessing planer, bandsaw, table saw, and the router table. There will be a materials fee of \$60 payable to the instructor to cover the cost of materials, due on the first day of class.

9 wks / April 2-May 28 Tuesday / 1:30-5 p.m. Palo Alto HS Woodshop / \$291

WOODWORKING 2: BUILD A THREE-LEGGED STOOL

Instructors: Marcus Miller, wmmiller2@yahoo.com, Mary Ann Carmack, macsoybean@gmail.com, Chris Cahill, chris.cahill@gmail.com, and Steve Garcia, steve@adzac.com Prerequisite: Woodworking 1

This project will use traditional mortise and tenon joinery as well as serve as an introduction to lathe work and joinery at different angles. This project offers you ample opportunity to increase your skills while honing and refining techniques learned from Woodworking 1. The three-legged stool utilizes wedged, through mortise and tenon joinery for aesthetic and structural benefit. The finished product is both beautiful and functional. There will be a materials fee payable to the instructor to cover the cost of wood.

10 wks / April 2-June 11 (No class June 4) Tuesday / 6:30-9:30 p.m. Palo Alto HS Woodshop / \$278

WOODWORKING 3: ADVANCED WOODWORKING TECHNIQUES

Instructors: Claude Godcharles, cgodcharles@pausd.org, Sumit Roy, sroy@pausd.org, and Aaron Straight, astraight@pausd.org Prerequisite: Woodworking 1 & 2 -No Exceptions Come work on your own project, while learning setup and

techniques for power tools and hand tools! This class includes short tutorials as well as open shop time to work on your personal project under supervision. Students supply their own materials. Storage space for projects is available during the guarter. Textbook (recommended): Woodworking Basics by Peter Korn can be purchased in the Adult School office.

SECTION A

8 wks / April 1-May 20 Monday / 2-5 p.m. Palo Alto HS Woodshop / \$222

SECTION B

8 wks / April 1-May 20 Monday / 6:30-9:30 p.m. Palo Alto HS Woodshop / \$222

WOODWORKING 4: ADVANCED—OPEN SHOP

Instructors: Rayan Ghazal, rayan@stanford.edu, and Sharad Patel, spatel@pausd.org

Prerequisite: Three quarters of Woodworking classes Work at your own pace with access to instruction, equipment and advice when you need it. A skills test will be given at the first class. Students supply their own materials. Storage space is available for projects during the quarter. Please email instructor at rayan@stanford.edu prior to enrolling

10 wks / April 3-June 12 (No class June 5) Wednesday / 6:30-9:30 p.m. Palo Alto HS Woodshop / \$278

WORLD LANGUAGES

CHINESE: BEGINNING II

Instructor: Lucia Wu, wwu@pausd.org

Prerequisite: One quarter of Chinese: Beginning I or have knowledge of the complete set of Chinese phonetics

Continue to strengthen the accuracy on pronunciation and tones through tongue twisters, expand vocabulary, grammars and participation in conversations. Recognize 200 characters, and the use of classifiers (measure words).

7 wks / March 26–May 21 *(No class April 2 and April 23)* Tuesday / 7:30–9:30 p.m. Palo Alto HS Rm 309 / \$130

Required textbook (Chinese Express: Book 1) can be

CHINESE: INTERMEDIATE II

Instructor: Lucia Wu, wwu@pausd.org

purchased in the Adult School office.

Prerequisite: One year of Chinese or equivalent, ability to properly read Chinese phonetics with tones, and knowledge of some basic grammar and characters

Learn the most popular language in the world. Explore modern China through various popular topics about the modern generation. Continue to expand vocabulary grammar. Class includes individual presentation, small group and whole class interaction, listening comprehension, translation exercises and characters reading. 300 characters will be introduced. Required textbook (*Chinese Express: Book 2*) can be purchased in the Adult School office.

7 wks / March 26–May 21 *(No class April 2 and April 23)* Tuesday / 5:30–7:30 p.m. Palo Alto HS Rm 309 / \$130

FRENCH: BEGINNING

Instructor: Pary Sarraf, pary.sarraf@gmail.com Prerequisite: Beginning I (Sec. A)—None; Beginning II (Sec. B)—French Beginning I or equivalent Bonjour! You will learn the fundamentals of pronunciation and will develop everyday conversational skills with a focus on phonetics, grammar, listening, reading and writing exercises. You will become familiar with the French culture and customs. Order book prior to first class. Textbook from Amazon: Dis-moi! (ISBN: 0-673-21627-6).

SECTION A: Beginning I

10 wks / March 26–June 4 (*No class April 2*) Tuesday / 9:30–11:30 a.m. Live Online / \$185

SECTION B: Beginning II

10 wks / March 25–June 3 *(No class April 1)* Monday / 2–4 p.m. Live Online / \$185

"My Intermediate French class was very enjoyable. I improved my reading and ability to speak French, and hope to visit France this year."

Irwin Kasser Cardiologist

FRENCH GRAMMAR REVIEW

Instructor: Pary Sarraf, pary.sarraf@gmail.com Prerequisite: French intermediate

In this comprehensive grammar review course, the emphasis is on the language structure leading to effective communication. The curriculum includes a thorough revision of the parts of speech, modes, sentence structure, verb conjugation, and activity-based exercises. Order book prior to first class. Textbook: *Grammaire en dialogues – Niveau avancé*. (ISBN: 978-209-038062-0).

10 wks / March 26–June 4 (No class April 2) Tuesday / 2–4 p.m. Live Online / \$185

FRENCH: INTERMEDIATE

Instructor: Pary Sarraf, pary.sarraf@gmail.com
Prerequisite: French Beginning II or equivalent
Increase vocabulary knowledge through reading and
listening exercises. Improve conversational skills by
following guided activities. Continue reinforcing mastery
of grammar and improving syntax. Enhance knowledge of
French culture and customs. Order book prior to first class.
Textbook from Amazon: Viens voir! (ISBN: 0673216284).

10 wks / March 26-June 4 (No class April 2) Tuesday / 6-8 p.m. Live Online / \$185

FRENCH: HIGH INTERMEDIATE

Instructor: Mireille Belloni, mbelloni@pausd.org Prerequisite: Must be able to express yourself fluidly in French, understand complex sentences, have a solid knowledge of past tenses, and open to explore everyday French

Murder and French Works of Art: Discover a few French artists through an imaginative TV series. Part art history, party detective story. Each class will complement the detective stories with reading material on the featured artist. Students need to borrow the DVD or stream the episodes on Hoopla (free registration with public library card) or access Prime Video (\$2-3 per episode).

4 wks / March 27–April 17 Wednesday / 6–7:30 p.m. Live Online / \$56

FRENCH: ADVANCED CONVERSATION

Instructor: Pary Sarraf, pary.sarraf@gmail.com Prerequisite: French intermediate I & II L'art de la conversation. Students will initiate and participate in a variety of conversational topics in real-life settings including current events, art, movies, history, books, travel, cuisine, and more. Increase vocabulary and enhance your communication skills, grammar, and syntax. Expand the ability to express your thoughts and opinions on an engaging array of topics. No textbook. Class materials provided by the instructor.

10 wks / March 28–June 6 (No class April 4) Thursday / 6–8 p.m. Live Online / \$185

WORLD LANGUAGES

ITALIAN ESSENTIAL II: CRASH COURSE FOR TRAVELERS

Instructor: Roberta Lamanda, rlamanda@pausd.org Prerequisite: Italian Essential or equivalent



Start your dream trip to Italy by enrolling in a lively language course. Acquire essential Italian vocabulary, grasp grammar, and gain cultural insights for a richer travel experience. Led by a native Italian instructor, this engaging course encourages active participation. All students are required

to have their video on during class. Buon viaggio!

8 wks / March 28-May 23 (No class April 18) Thursday / 5-6:30 p.m. Live Online / \$111

ITALIAN: BEGINNING III

Instructor: Roberta Lamanda, rlamanda@pausd.org Prerequisite: Beginning II or equivalent

Join this enjoyable class taught by a native speaker. Emphasis will be on enhancing your familiarity with basic Italian grammar, practicing pronunciation, and developing conversational skills. The course is for students who have completed the Beginning II level or have a basic understanding of the Italian language. The class promotes conversation and encourages active participation. New students are welcome! All students are required to have their video on during class. A presto!

10 wks / March 26-June 4 (No class April 16) Tuesday / 5-6:30 p.m. Live Online / \$139

ITALIAN: BEGINNING VI

Instructor: Roberta Lamanda, rlamanda@pausd.org

Prerequisite: Beginning V or equivalent

Strengthen your Italian grammar, refine your syntax, and broaden your familiarity with the culture and traditions of Italy. The class focuses on promoting conversation and encouraging active participation. The course is designed for students who have completed Beginning V or possess elementary Italian language skills. New students are welcome! All students are required to have their video on during class A presto!

10 wks / March 27-June 5 (No class April 17) Wednesday / 6-7:30 p.m. Live Online / \$139

ITALIAN: INTERMEDIATE VII

Instructor: Roberta Lamanda, rlamanda@pausd.org Prerequisite: Intermediate VI or equivalent

This high-intermediate class aims to enhance your grammar and communication skills while offering an engaging experience. Conducted entirely in Italian by a proficient native speaker, the class focuses on fostering conversation and encouraging active participation during sessions. The goal is to review, reinforce, and expand language abilities in a dynamic and enjoyable learning environment. New students are welcome. All students are required to have their video on during class. Vi aspetto!

9 wks / March 25-June 3 (No class April 15 and May 27) Monday / 6-7:30 p.m. Live Online / \$125

ITALIAN BOOK CLUB: ADVANCED READING AND CONVERSATION

Instructor: Stefania Filigheddu, sfiligheddu@pausd.org Prerequisite: Advanced

Do not miss this opportunity to challenge yourself and increase your Italian vocabulary and culture while reading and conversing completely in Italian. The selected book contains complex grammatical structures that enhance your ability to incorporate new idioms and vocabulary in different contexts. Textbook TBD.

10 wks / March 26-May 28 Tuesday / 7-8:30 p.m. Live Online / \$139

SPANISH: BEGINNING

Instructor: Leonardo McCord Salazar

Prerequisite: Section C: Two quarters of beginning Spanish or equivalent; Section E: Four quarters of beginning Spanish or equivalent



Learn the essentials of Spanish grammar from a native speaker, and develop the four language skills in meaningful contexts. Topics included will be useful for parents with children in Spanish Immersion classes. Adult students will be able

to participate actively in simple conversations with their children. Required textbook can be purchased in the Adult School office.

**Levels 2 and 4 are not offered this spring quarter. **

SECTION C (Level 3)

8 wks / March 28-May 23 (No class April 4) Thursday / 7-9 p.m. Palo Alto HS Rm 302 / \$148

SECTION E (Level 5)

8 wks / March 25-May 20 (No class April 1) Monday / 7-9 p.m. Palo Alto HS Rm 302 / \$148

WORLD LANGUAGES

SPANISH: LOW INTERMEDIATE

Instructor: Leonard McCord Salazar

Prerequisite: Two years of Beginning Spanish or equivalent ¿Habla Ud. español? Continue your studies, and focus on conversational skills. Add to your knowledge of grammar and Hispanic culture. Required textbooks can be purchased in the Adult School office.

9 wks / March 26–May 28 (No class April 2) Tuesday / 7–9 p.m. Palo Alto HS Rm 302 / \$167

SPANISH: INTERMEDIATE

Instructor: Leonardo McCord Salazar, Imccord@pausd.org Prerequisite: Three quarters of low intermediate Spanish or equivalent

Learn the fine points of Spanish grammar and the multiple uses of the subjunctive mood in this engaging course. Read, translate, and discuss a masterpiece of Spanish, Latin-American, or Chicano literature. Required textbooks can be purchased in the Adult School office.

9 wks / March 27–May 29 (*No class April 3*) Wednesday / 5–7 p.m. Live Online / \$167

SPANISH: ADVANCED CONVERSATION AND LITERATURE

Instructor: Leonardo McCord Salazar Prerequisite: Advanced Spanish skills

Converse with other students in Spanish, and read contemporary Spanish, Latin-American, or Chicano plays, novels, or short stories. Repetition of the course is encouraged, as new literature is introduced every quarter.

9 wks / March 27–May 29 (No class April 3) Wednesday / 7:30–9:30 p.m. Live Online / \$167



MISSION AND SCHOOLWIDE LEARNER OUTCOMES (SLOs)

MISSION

Palo Alto Adult School is committed to providing a broad range of accessible, flexible, and effective educational programs that enable our diverse community of adult learners to achieve their academic, career, and personal goals.

SCHOOLWIDE LEARNER OUTCOMES (SLOs)

SET GOALS

Students will assess their own needs and identify their academic, career, and/or personal goals.

- With guidance, develop and communicate plans to achieve their goals.
- Be self-directed learners who learn independently and collaboratively in a diverse environment.

ACHIEVE SKILLS

Using a variety of methods, technology, and resources, students will acquire knowledge and skills.

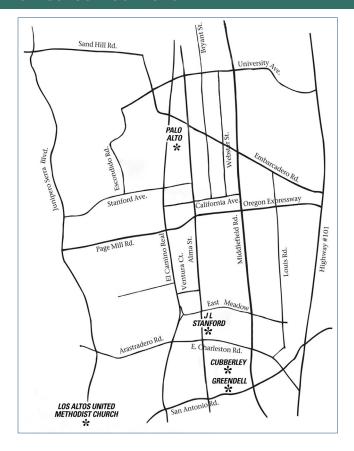
- Develop and apply critical thinking skills.
- Obtain academic and career skills for life and workforce readiness.

DEMONSTRATE LEARNING

Students will apply their acquired core knowledge and skills appropriate to their goals.

- Advance to post-secondary education or training.
- Contribute to personal enrichment and the community.
- Demonstrate 21st century skills including critical thinking, communication, collaboration, and creativity.

PALO ALTO ADULT SCHOOL LOCATIONS



PALO ALTO Palo Alto High School 50 Embarcadero Road CUBBERLEY

Cubberley Community Center 4000 Middlefield Road

GREENDELL

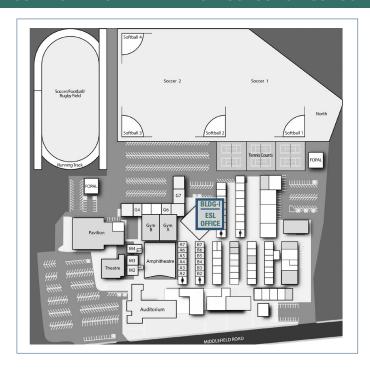
Greendell School 4120 Middlefield Road J. L. STANFORD

J.L. Stanford Middle School 480 E. Meadow Drive

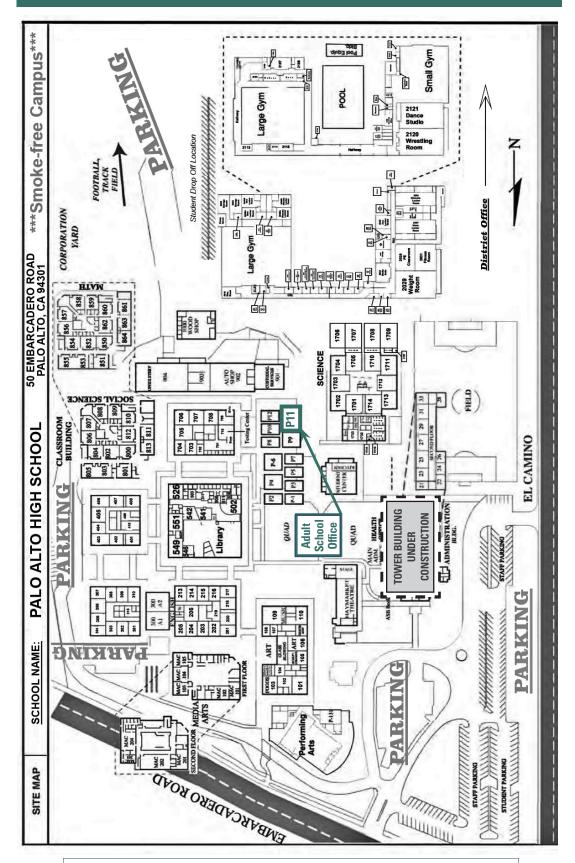
LOS ALTOS UNITED METHODIST CHURCH

655 Magdalena Avenue, Los Altos

CUBBERLEY COMMUNITY CENTER — ADULT SCHOOL CLASS LOCATIONS



PALO ALTO ADULT SCHOOL CLASS LOCATIONS



Updates to the catalog after printing can be found on our website at PAAdultschool.org

ADMINISTRATIVE POLICIES

POLICIES AND PROCEDURES

Palo Alto Adult School follows the Policies and Procedures adopted by the Palo Alto Board of Education. These can be found at: https://www.pausd.org/about-us/policiesprocedures/board-policies. These policies support the Education Code of the State of California.

NON DISCRIMINATION

BP 0400: The Board shall provide equal opportunities in all areas and assure that there will be no discrimination against any person on the grounds of race, religion, age, sex, national origin, color, disability, political belief, sexual orientation, marital status, or veteran's status.

ACADEMIC REGULATIONS

BP 5131: The Board of Education believes that all students have the right to be educated in a positive learning environment free from disruptions. Students shall be expected to exhibit appropriate conduct that does not infringe upon the rights of others or interfere with the school program while on school grounds, while going to or coming from school, while at school activities, and while on district transportation.

Conduct is considered appropriate when students are diligent in study, careful with school property, courteous, and respectful toward their teachers, other staff, students, and volunteers. Prohibited student conduct includes, but is not limited to:

- Conduct that endangers students, staff, or others
- Conduct that disrupts the orderly classroom or school environment
- · Harassment of students or staff
- Damage to or theft of property belonging to students, staff, or the district
- Use of profane, vulgar, or abusive language
- Plagiarism or dishonesty in school work or on tests
- Possession, use, or being under the influence of tobacco, alcohol, or other prohibited drug in violation of school rules

Students who violate district or school rules and regulations may be subject to discipline including, but not limited to, suspension, expulsion, transfer to alternative programs, or denial of participation in extracurricular or cocurricular activities in accordance with Board policy and administrative regulation. The Superintendent or designee shall notify local law enforcement as appropriate.

STUDENT RECORDS

BP 5125: At each school, the principal or a certificated designee shall act as custodian of records for students enrolled at that school. The custodian of records shall be responsible for implementing Board policy and administrative regulation regarding student records.

School Policy: Adult student records can be released following a written request by the student to the adult school office. Records are released to other parties with the student's permission.

ELIGIBILITY

All persons over the age of 18 are eligible for all Adult School classes with no residency restrictions.

PRE-REGISTRATION

Please register early since classes that do not have sufficient enrollment are canceled.

REFUND POLICY

Refund of fees will only be given if requested at least 72 hours before the first class meeting. There is a \$15 fee for cancellations. A complete refund will always be made if we cancel a class. Please choose your classes carefully.

- We are sorry we cannot accept medical, business travel or other reasons.
- Refunds will be given automatically if the Adult School cancels a class.
- Deposits and tuition for parent education classes are entirely non-refundable.
- Textbooks are not returnable.

A CERTIFICATE OF COMPLETION

A certificate of completion and/or a letter stating participation in any Adult School class will be given to any student upon request to the office and verification of attendance.

SCHOLARSHIPS

Please contact the Principal, Jim Sherman, if you need scholarship assistance. All information given will remain confidential.

TOBACCO-FREE SCHOOL DISTRICT PROPERTY

Smoking and the use of tobacco products by all persons is prohibited on Palo Alto Unified School District property and at district-sponsored events.

SEXUAL HARASSMENT POLICY

It is the policy of the Palo Alto Unified School District to provide a school environment free from all forms of harassment, including sexual harassment, and to maintain an environment in which all students and staff model this behavior and are treated with dignity and respect. Please see the district website for complete information: https://www. pausd.org/about-us/policies-procedures/title-ix-office.

UNIFORM COMPLAINT PROCEDURES

The Palo Alto Unified School District maintains a uniform complaint procedure. Please visit the district website for complete information at https://www.pausd.org/about-us/ policies-procedures/formal-complaint-procedures.

Palo Alto Adult School classes are open to all—residents & non-residents. We look forward to seeing you in class!

CONSORTIUM PARTNERSHIP

North Santa Clara County Student Transition Consortium

The Palo Alto Adult School is a member of the North Santa Clara County Student Transition Consortium (NSCCSTC), a collaboration between the Foothill-De Anza College District (FHDA), Palo Alto Unified School District Adult School (PAUSD), Fremont Union High School District Adult School (FUHSD), and the Mountain View Los Altos Union High School District Adult School (MVLA). The consortium serves the communities of Cupertino, Los Altos, Los Altos Hills, Mountain View, Palo Alto, and Sunnyvale, as well as portions of San Jose. Its mission is to coordinate and align programs, create linkages, and develop regional plans to better serve the educational needs of adults in the region.

Meet the members of our consortium:

- Palo Alto Adult School: paadultschool.org
- Mountain View Los Altos Adult School: mvla.net
- FUHSD Adult School Sunnyvale-Cupertino: fuhsdadultschool.com
- De Anza College: deanza.edu
- Foothill College: foothill.edu

Find out more about NSCCSTC at sites.google.com/site/nsccstcaebg.











CONTACT INFORMATION

2023-2024 PAUSD BOARD OF EDUCATION

Jennifer DiBrienza President (917) 501-0930 jdibrienza@pausd.org

Jesse Ladomirak Vice President (415) 748-1684 jladomirak@pausd.org

Todd Collins Board Member (650) 695-1330 tcollins@pausd.org

Shounak Dharap **Board Member** (650) 575-6485 sdharap@pausd.org

Shana Segal **Board Member** ssegal@pausd.org

DISTRICT ADMINISTRATION

Don Austin Superintendent (650) 329-3983 daustin@pausd.org

Jim Sherman Principal, Adult School (650) 329-3752 jsherman@pausd.org

Lvnn Tanner ESL Program Manager (650) 494-2326 Itanner@pausd.org

Guillermo Lopez Associate Superintendent (650) 329-3717 glopez@pausd.org

Nikole Manou Principal, PreSchool Family (650) 856-0833 nmanou@pausd.org

COMMUNITY PARTNER



Our Community Partner this quarter is

3RDTHURSDAY **CALIFORNIA AVENUE**

3rdThursday, a free live music festival, brings the community together every month on California Avenue in Palo Alto.

WEBSITE // 3rdthursday.fun

5

WAYS TO REGISTER

PHONE	(650) 329-3752
EMAIL	adultschool@pausd.org
WEBSITE	PAAdultSchool.org
MAIL/WALK-IN	Palo Alto Adult School, 50 Embarcadero Road, Palo Alto, CA 94301

RECEIPTS/CONFIRMATIONS

Please call if you need a receipt or a confirmation: (650) 329-3752. You will be notified if a class is cancelled.

REFUNDS

Refunds are given up to 72 hours before the first class meeting. There is a \$15 fee for cancellation. A complete refund will always be made if we cancel a class. Textbooks are not returnable.

NEED HELP? CALL (650) 329-3752

REGISTER EARLY

Register today to secure your place in our most popular classes. If minimum enrollments are not met, classes will be cancelled and a full refund will be processed.

OFFICE HOURS

PALY: Mon-Thu 8 a.m.-9:30 p.m.; Fri 8 a.m.-4 p.m. CUBBERLEY: Mon.-Thu 8:30 a.m.-4 p.m.; Fri 8:30 a.m.-2 p.m. HOLIDAYS *(No Classes)*: April 1-7, May 27 & May 29

SPRING REGISTRATION BEGINS FEBRUARY 23, 2024

This schedule is valid through June 7, 2024. Additional information, materials lists, and schedule changes are posted on our website at PAAdultSchool.org.

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REGISTRATION FORM

How did you find out about this class?

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PALO ALTO ADULT SCHOOL									Year: 2024				
Palo Alto Unified School Distri 50 Embarcadero Road	ct								Quarter: [⊐Winter	$\boxtimes S$	Spring	
Palo Alto, CA 94301									□Summer □Fall			all	
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Type of Payment: ☐ Check		Cash		Visa		Vlaste	erCard \Box	No Fe	е				
Credit Card Number:								Expiration	on Date:				

Register Online at PAAdultschool.org or print and mail this form.



ADULT SCHOOL

PALO ALTO ADULT SCHOOL

Palo Alto Unified School District 50 Embarcadero Road Palo Alto, CA 94301



SCAN TO REGISTER ONLINE



ALL RESIDENTS AND NON-RESIDENTS WELCOME

